

BAILEY MS BANDS – PRACTICE LOG

BEGIN WITH THE END IN MIND! WHAT DO YOU WANT TO BE ABLE TO DO AT EACH PRACTICE SESSION AND BY THE END OF THE WEEK?

Name _____

135-149 minutes/week = A (Over 150 minutes = Extra Credit)

120-134 minutes/week = B 105-119 minutes/week = C 90-104 minutes/week = D

Qtr. _____ Week _____ Date Due _____

DATE	WHAT I PRACTICED	MINUTES PRACTICED
Parent's Signature		Total Minutes for the Week



Parent must sign and total the minutes in pen.